

ANDEE JOYCE

EDUCATIONAL AND COMMUNITY OUTREACH
RELATED TO RHYTHM AND AUTISM



ANDEE'S PROGRAMS ARE UNIQUE, GREAT FUN,
AND HAVE SOMETHING FOR JUST ABOUT
EVERYONE!

SENSORY FRIENDLY MINI SHOWS

"But Andee, your show has all this stuff about how you're obsessed with noisy percussion and clapping! And you hit glass shattering high notes*! How do you make all that sensory friendly?"

Good question! But as much as I do love all those things, I also like to give my sensorium the occasional break from them -- and yes, on request I can do a show with quieter, lower pitched percussion, rhythmic flapping and 'flapplause' instead of clapping, softer vocals, and maybe even a silent dance floor (assistive devices welcome, of course!) where people can express how the music is making them feel without a lot of voluntary noise.



Sensory friendly shows are a blast, especially if there is lots of flapping along! These shows will be shorter (an hour or less), and will also be school/family friendly and free of fragrance and common allergens.

This show could also be done in combination with the "Make It Sensory Friendly" workshop (see next page).

*not literally

COMMUNITY WORKSHOPS (AGES 16 AND UP)

Make it Sensory Friendly: Creating Space for People with High Sensory Sensitivity

Recommended for: Music teachers, performing artists, event planners, college performing arts and education majors

Find out how you can customize your own event or learning environment to increase access for people who might not otherwise get a chance to experience what you have to offer because of the potential for sensory overload. This program will include brief samples of "before and after" sensory friendly makeovers for RHYTHM AND AUTISM so you can get an idea of how that works. We will also explore other barriers autistic folk might have to being part of what you're doing and what you can do to make your work more inclusive and accessible to people on the autistic spectrum.

If Your Heart Beats, You Have Rhythm: Finding Your Natural Groove

Recommended for: People who want to groove along, but have been told that they "have no rhythm"

Doing a 180-degree turn from the above, if you **love** things like clapping and drums and percussion and would love to participate in rhythm, but have been told that you "don't know how to clap" or "shouldn't ever dance," this is the workshop for you! There's nothing more exciting than getting an audience grooving, and this workshop will show you how to be a part of it. (Nobody knows what it's like to feel "out of sync" more than I do!) We'll explore common roadblocks to participating rhythmically and how to blast through them, and you'll be feeling the beat in no time.

This workshop could also be done right before a performance of RHYTHM AND AUTISM, to get everyone in the mood to participate!

PERFORMANCE WORKSHOPS (AGES 12 AND UP)

How to Get Audience Participation without Feeling Like a Dweeb*

Recommended for: Performers at any stage of their performing lives



Learn how to get audiences singing, making rhythm, or doing something else along with you, without doing anything that feels forced or awkward. (And we've all been at shows where the performer's attempts to get audience participation made us roll our eyes or were impossible for the audience to carry off, so we definitely want to avoid that!)

Each person attending will have a chance to perform or play a video or audio recording of themselves performing live for five minutes, and then we will help you figure out how to bring the audience into the performance in a way that will feel natural for the performer and easy for the audience to join in. We'll also show some examples of performers who have come up with unique forms of participation that will inspire creativity!

*Not that there is anything wrong with being a dweeb, but this may not be the desired outcome for everyone.

SCHOOL, LIBRARY, AND VIRTUAL SHOWS (CUSTOMIZED TO AGE GROUP AND TIME SLOT)

These can be done in gymnasiums, auditoriums, classrooms, conference rooms, or even over Zoom! We'll discuss how RHYTHM AND AUTISM came to be, and this program will include a performance of excerpts from it and a Q and A, tailored to age group and time allotted. These shows can be completely unplugged, have full audio production, or anything in between.

Other program topics include discussions on the social model of disability, myths and realities of autism, and being autistic in the performing arts!

